



PLANINARSKI KLUB
LJUBOTEN

www.pkjuboten.org.mk 

kontakt@pkjuboten.org.mk 

ul. „K.J. Pitu“ br.6, Tetovo R.S Makedonija 

INVITATION 41TH TRADITIONAL CLIMBING ON TITOV VRV 2023

For the 41th time, The Mountaineering Club "Ljuboten" - Tetovo organizes the traditional climbing of Titov Vrv. This event along the years has become recognizable mountain brand in the country, thus contributing to the national tradition building. With such events, our country builds a tradition that lasts and represents us internationally, emphasizing the concern for the health, the preservation of nature and the aspiration for sustainable living and sustainable development.

The event is part of the calendar of events organized by the EU Delegation in Skopje

In order to maintain a high level of security and organization, in accordance with the recommendations of FMSM - Federation of Mountain Sports of Macedonia for "Organization of Large Traditional Mountaineering Actions", the Mountaineering Club "Ljuboten" invites all clubs and to take part of this mountaineering event. All interested clubs and are obliged to register their attendance with the statement by the coordinator and the participants with the registration form (attached), with which the applicants will acquire the status of participants in an organized activity.

ACCOMMODATION AND TRANSPORT

- Transport to Popova Shapka is in own organization.
- Accommodation in:
 - Hotel Slavija – Popova Shapka, price 900 MKD (15€) for overnight
 - Hotel Teteks – Popova Shapka, price 1 800 MKD (30€) for HB
- Please, **register your participation no later than 23.05.2023**, so that we can coordinate accommodation in the provided facilities (for further information please feel free to contact us).

INFO CONTACTS

- Igor Stojanoski – phone: **+389 (0) 78 380 508**
- Despina Tofilovska – phone **+389 (0) 77 592 091**
- e-mail: kontakt@pkjuboten.org.mk



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PROGRAM

27th of May 2023 (Saturday):

- **11:00 h. – 18:00 h.** – Registration of the clubs and organized associations in the accommodation capacities with the responsible persons from M.C. Ljuboten and coordination for accommodation of the participants

Activities:

- cleaning action **13:00 h. – 14:00 h.**
 - *mountaineering bazaar* **15:00 h. – 20: 00 h.**
 - *quiz of mountain knowledge* **15:30 h. – 17:00 h.**
 - *projection of mountain movie* **17:30 h. – 18:30 h.**
- **19:00 h.** – Official opening of the event in **hotel “Slavija” – Popova Shapka.**
 - **19:30 h.** – Coordination meeting for explanation of the conditions and characteristics of the climbing and the procedure for receiving diplomas.
 - **20:00 h. – 23:00 h.** – Mountaineering Party.

28th of May 2023 (Sunday):

- **06:30 h.** – Group gathering at plateau of Hotel “Popova Sapka” and start of the ascent to Titov Vrv along the “**Vakuf Path**”
- **11:00 h.** – Arrival of the group on Titov Vrv
- **12:00 h.** – Departure of the group from Titov Vrv to Popova Sapka
- **16:00 h.** – Arrival to the group to Popova Shapka, refreshment with mountain tea organized by “**Friends of Shara**” and closing the event, party with dj and open stand with local products.
- **18:00 h.** – Closing the event

REGISTRATION

- Registration can be done:
 - by sending scanned original forms and statements (*attached*), to the official e-mail address of M.C. Ljuboten - kontakt@pkjuboten.org.mk, no later than **23.05.2023, till 19:00** and by submitting filled original forms upon arrival of the clubs and organized associations in the accommodation facilities on **26.05.2023, until 18:00** or
 - by filling in forms and statements upon arrival of the clubs and organized associations in the accommodation facilities on **26.05.2023, until 18:00.**
- The registration serves as verification for participation on the 41th traditional climb “Titov Vrv 2023” of the clubs and organized associations and awarding with diploma for participation.



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HIKING ORGANIZATION

- The official trail that will be used for this event is the Vakuf Path (Vakufska Pateka) in an organized way according to the official program!
- GPS data for the trail can be found in the attachment!
- The coordinators of the clubs and organized associations must attend the meeting! They will receive accreditation upon signing up.
- The coordinators of the clubs and the organized associations are responsible for the registered members of their clubs/ association and each coordinator needs to have a sufficient number of guides in proportion to the number of registered participants from the clubs/association - in accordance with the recommendations of the FMSM! (*"Guidelines for number of participants in mountaineering mountain action"*)
- Every participant should bring their own food, individually predicted for a mountain tour up to 10 hours!
- Suitable mountaineering equipment for winter conditions is obligatory!
- Each participant should be in good health and in good psycho-physical conditions!
- All individuals who want to take part in the event must join a certain club or an organized association with a formal application!
- The organizer reserves the right to change the program depending on the weather conditions!

RECOMMENDATIONS FROM FMSM

All the participants are obliged to follow these recommendations:

- „Movement in mountains in winter conditions“ ([link](#))
- „Equipment recommendations“ ([link](#))
- „Safe visit to the mountains in winter – stay prepared and responsible“ ([link](#))
- „Code of Honor for Macedonian Mountaineers“ ([link](#))

Note: The Mountaineering Club "Ljuboten" is not responsible for the consequences that would occur outside this program, as well as for participants who have not submitted statements and registration form! **All formally unregistered clubs and organized associations and individual participants are considered not to be part of the organization of the 41th traditional climbing "Titov Vrv 2023".**